

BREAKFAST

September 2019

ILLINOIS CENTER FOR AUTISM
FAIRVIEW HEIGHTS-BELLEVILLE



Monday

NO SCHOOL

2



BISCUIT & GRAVY
PEACHES

9

MILK

PANCAKES & SYRUP
SAUSAGE
FRUIT COCKTAIL

16

MILK

HAM
HASHBROWN
MANDARIN ORANGES

23

WAFFLES & SYRUP
SAUSAGE
MANDARIN ORANGES

30

MILK

Tuesday

SCRAMBLED EGG/CHEESE

3

SAUSAGE
PEACHES
MILK

YOGURT
GRANOLA
PINEAPPLES

10

MILK

CEREAL
MANDARIN ORANGES

17

MILK

EGG & CHEESE
BISCUIT
APPLESAUCE

24

MILK

MENU INFORMATION

Wednesday

HAM
HASHBROWN
APPLE SAUCE

4

MILK

WAFFLES & SYRUP
SAUSAGE

11

MILK

SCRAMBLED EGGS/CHEESE
TOAST
PEACHES

18

MILK

MUFFIN
FRUIT COCKTAIL

25

MILK

Thursday

CEREAL
PINEAPPLES

5

MILK

OATMEAL
BACON
PEACHES

12

MILK

BREAKFAST SKILLET
(POTATOS, EGG, CHEESE)
PINEAPPLES

19

MILK

FRENCH TOAST STICKS
BACON
PINEAPPLES

26

MILK

Friday

GRITS
BACON
FRUIT COCKTAIL

6

MILK

EGG
HASHBROWN
FRUIT COCKTAIL

13

PANCAKE/SAUSAGE BITES
FRUIT COCKTAIL

20

MILK

BREAKFAST SKILLET
(EGG/POTATO/CHEESE)
PEACHES

27

MILK

