

LUNCH

September 2019

ILLINOIS CENTER FOR AUTISM
FAIRVIEW HEIGHTS-BELLEVILLE

Monday

NO SCHOOL

2



Tuesday

TOASTED RAVIOLI &
MEATLEASS SAUCE
MIXED VEGGIES
MANDARIN ORANGES
MILK

3

Wednesday

CHEESE PIZZA
GREEN BEANS
FRUIT COCKTAIL
MILK

4

Thursday

SLICED TURKEY
HONEY GLAZED CARROTS
BAKED POTATO WEDGES
APPLE SAUCE
MILK

5

Friday

HAMBURGER
SWEET POTATO FRIES
ICE CREAM
MILK

6

BAKED CHICKEN
MASHED POTATOES
CORN
MILK

9

BEEF & CHEESE BURRITO
CORN
APPLE SAUCE
MILK

10

BREADED CHICKEN SANDWICH
BAKED BEANS
PEARS
MILK

11

MINI CORN DOGS
GREEN BEANS
PINEAPPLES
MILK

12

SLOPPY JOE SANDWICH
TATOR TOTS
GRAHAM CRACKERS & FUDGE
MILK

13

ITALIAN CHICKEN WRAP
FRENCH FRIES
MANDARIN ORANGES
MILK

16

BEEF & CHEESE TACOS
GREEN BEANS
PEACHES
MILK

17

CHEESE PIZZA
BROCCOLI
FRUIT COCKTAIL
MILK

18

HAM/CHEESE SANDWICH
SWEET POTATO FRIES
APPLE SAUCE
MILK

19

FISH STICKS
MACARONI/CHEESE
CHOCOLATE CHIP COOKIE
MILK

20

MINI CORN DOGS
TORTILLA CHIPS & CHEESE
SAUCE
PEARS
MILK

23

MEXICAN PIZZA
(CHICKEN, CHEESE & SALSA)
CORN
PINEAPPLES
MILK

24

BEEFARONI & CHEESE
GREEN BEANS
PEACHES
MILK

25

BBQ BAKED CHICKEN
TATER TOTS
FRUIT COCKTAIL
MILK

26

MEATLOAF
MASHED POTATOES
CORN
BROWNIE
MILK

27

CHICKEN NUGGETS
MIXED VEGGIES
APPLE SAUCE
MILK

30

