

BREAKFAST

DECEMBER 2020

ILLINOIS CENTER FOR AUTISM

Monday



1
BREAKFAST BAR
VANILLA YOGURT
MIXED FRUIT
MILK

Tuesday

7
BISCUIT (JELLY)
SAUSAGE PATTY
MIXED FRUIT
MILK

14
MINI WAFFLES
(SYRUP)
SAUSAGE LINKS
PINEAPPLES
MILK

21
OATMEAL
(BROWN SUGAR)
MIXED BERRIES
MILK



Wednesday

2
MINI WAFFLES
(SYRUP)
BLUEBERRIES
MILK

9
PANCAKE SAUSAGE
BITES (SYRUP)
BLACKBERRIES
MILK

16
BREAKFAST BURRITO
(SALSA)
APPLESAUCE
MILK

23
EGGS
SAUSAGE PATTY
BISCUIT (JELLY)
PINEAPPLE
MILK



Thursday

3
BREAKFAST BURRITO
(SALSA)
PINEAPPLES
MILK

10
BREAKFAST BAR
VANILLA YOGURT
STRAWBERRIES
MILK

17
EGGS N CHEESE
HASH BROWN
PEACHES
MILK



Friday

4
SAUSAGE LINKS
HASH BROWN
PEACHES
MILK

11
EGGS N CHEESE
TOAST (JELLY)
APPLESAUCE
MILK

18
FRENCH TOAST STIX
(SYRUP)
BACON
MIXED FRUIT
MILK

